

Student Learning Plan

Unit 4: Wellness, Fitness, and First Aid

First Aid for Burns [U4C2L5]



Why this is important:

Burns can result from sources of heat, electricity, and chemicals. In situations where people are injured by these sources, your first aid knowledge should include how to treat them. In this Learning Plan you will learn about the different types of burns, how to treat them, and ways to prevent them.



What you will learn to do:

(Competency)

Determine first aid treatment for burns

Linked Core Ability

D. Do your share as a good citizen in your school, community, country, and the world



How you will know when you are succeeding:

You will show that you have learned the target knowledge and skills:

- by creating “How To” Cards for a First Aid Resource File

Your performance will be successful when:

- “How To” cards are neat and easy to read
- “How To” cards include short phrases or sentences describing the steps in the procedure
- “How To” cards are complete and accurate
- Treating First Degree Burns card includes the steps to perform the procedure as described in the student text or other reference material
- Treating Second Degree Burns card includes the steps to perform the procedure as described in the student text or other reference material
- Treating Third Degree Burns card includes the steps to perform the procedure as described in the student text or other reference material
- Treating Electrical Burns card includes the steps to perform the procedure as described in the student text or other reference material
- Treating Chemical Burns card includes the steps to perform the procedure as described in the student text or other reference material
- Treating Chemical Burns card includes the variations to the procedures for chemical burns to the skin and the eyes



Knowledge and skills you will learn along the way:

(Learning Objectives)

- a. Characterize degrees of burns
- b. Describe how to treat first-, second-, and third-degree heat burns
- c. Describe how to treat electrical burns
- d. Describe how to treat chemical burns to the eyes and skin
- e. Define key words: acids, bases, caustic, compresses, flush, mottled, neutralized, scalding, smoldering, systemic



Learning Activities:

These learning activities are designed to help you learn the target skills and knowledge for this lesson. Your instructor may assign additional or alternative learning activities.

- ____ 1. PARTICIPATE in a Treating Burns exercise to determine whether statements about treating burns are true or false. [Work with a large group] RECORD your list and your responses to reflection questions in your Cadet Notebook.
- ____ 2. [SELF-PACED OPTION] COMPLETE Exercise 1: Agree/Disagree. CHECK your work using the answer key. RECORD your list and your responses to reflection questions in your Cadet Notebook.
- ____ 3. LISTEN TO and OBSERVE a briefing about treating burns. LEARN MORE OR REVIEW by reading Section 1: First Aid for Emergency and Non-Emergency Situations Chapter 2 of your text. ANSWER the review questions at the end of the section. [Work with a partner] CREATE a Flow Map of the steps to follow in treating your assigned type of burn. [Work in teams of 3-6 cadets] ENTER your answers to the review questions and your Flow Map to your Cadet Notebook.
- ____ 4. [SELF-PACED OPTION] CARRY OUT Learning Activity 3 independently. CREATE a Flow Map of the first aid steps to follow for treating each type of burn. ENTER your answers to the review questions and your Flow Map to your Cadet Notebook.
- ____ 5. CREATE a poster on your assigned burn-related topic. [Work in teams of 3-6 cadets] RECORD your responses to reflection questions in your Cadet Notebook.
- ____ 6. [SELF-PACED OPTION] CREATE a poster on the prevention and treatment of heat burns, chemical burns, and electrical burns. RECORD your responses to reflection questions in your Cadet Notebook.
- ____ 7. CREATE “How To” cards for first aid procedures. [Work with a partner] RECORD your responses to reflection questions in your Cadet Notebook.
- ____ 8. [SELF-PACED OPTION] CARRY OUT Learning Activity 7 independently. RECORD your responses to reflection questions in your Cadet Notebook.



Assessment Activities:

These assessment activities will enable you to show that you have learned the target skills and knowledge for this lesson. Your instructor may assign additional or alternative assessment activities.

- ____ 1. COMPLETE the First Aid Treatment for Burns Assessment Task. SELF-ASSESS your work using the scoring guide. SUBMIT your work to your instructor for feedback and a grade. PLACE your completed “How To” cards in your First Aid Resource File.
- ____ 2. SELF-PACED OPTION: Same as above.